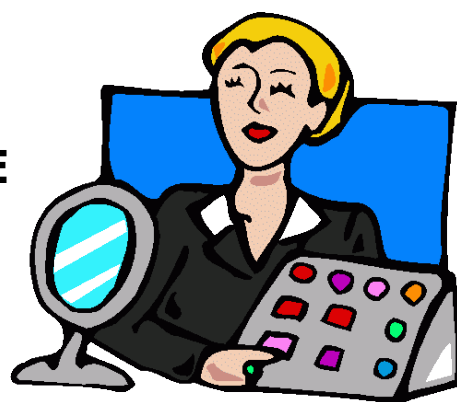


BE NICE TO YOURSELF

Thursday 7th April
from 9.30 till 11.30am



Come and get pampered at **THE HEREFORD ACADEMY.**



You could have your nails done, or a nice massage, or how about having a hair stylist giving you some new ideas?

Maybe you could do with a bit of inspiration in the make up department.

If that sounds like you then get yourself down to the **INFOZONE** at **THE HEREFORD ACADEMY.**

There will also be a range of Easter/Spring Crafts for you to have a go at and maybe learn a new skill whilst making yourself something nice to show off to your friends.



For further details contact:

Vicky Kench 01432 364869 vkench@theherefordacademy.org.uk

Caroline Latham 01432 355213 clatham@theherefordacademy.org.uk

Julie Thomas 01432 364869 jthomas@theherefordacademy.org.uk

Keith Baldwin 07846 308862 family_worker@btinternet.com