

Minutes of Healthy Food Group Meeting
23rd October 2008

Present; Jo Williams, Zena Rees, Rob Howell, Zoe Pemberton, Millie Macdonald, Matt Bunn, Charlotte Smith, Vicky Sachser, Carly Morris

Apologies; Sue Horton

Update from Class Catering

Progressing after a few initial start up problems. Government guidelines are very strict about the food they can and can't serve. These were briefly explained to the group. The company has to adhere to very strict regulations and they are Inspected regularly. They have to do a nutritional analysis for every meal served and had a system called Saffron to help them do this.

Roast dinners are always popular as well as themed days. There are the Bars which sell baguettes, sandwiches and salad. National sausage week is first week after half term which they will promote.

Break time the sell mostly bacon rolls, pizza and crumpets. Explained to group why they are not allowed to sell cake on its own. It can only be sold as part of a meal deal. This is because of government regulations which they must follow.

Group discussed opening of new Subway at the Oval and whether this may impact on sales in canteen. **To review at next meeting.**

Questions from students

Group then discussed prices of meals after concerns raised by students. RH stated that prices are set by his head office and are in fact higher at many other schools. The price of a meal at the Academy has gone up by 10p since July but this was due to rises in fuel costs and food bills.

Ingredients are sourced locally whenever possible and they try to buy fresh rather than frozen.

After comments by students RH will produce a questionnaire to go out to students to try and get their views and ideas.

Group discussed upcoming events such as themed days, Christmas meal and return of the Sprout Eating contest. JW to liaise with ZR to find suitable date and then publicise around school.